MPs bid aloha to outgoing CID commander

Story and photo by STAFF SGT. MATTHEW G. RYAN 25th Infantry Division Public Affairs

SCHOFIELD BARRACKS — The outgoing commander of the 19th Military Police Battalion (Criminal Investigation Command), Lt. Col. Larry C. Dewey, was honored during a formal ceremony as he relinquished command to Lt. Col. Michael P. Crane, here, Tuesday.



Lt. Col. Michael P. Crane accepts the 19th MP Bn. (CID)'s unit guidon from Col. Ignatius M. Dolata, commander, 6th MPG (CID), JBLM, during a ceremony held in front of family, friends, peers and Soldiers on Schofield Barracks' Hamilton Field. Crane took command from Lt. Col. Larry C. Dewey, Tuesday.

"Today, we bid farewell and also celebrate the accomplishments of Lt. Col. Dewey. His focus on professional, felonylevel criminal investigation operations is unmatched, and his efforts to rid the cancer of sexual assaults of our Army has made a long-lasting impact across the entire Pacific region," said Col. Ignatius M. Dolata, commander, 6th MP Group (CID), Joint Base Lewis-McChord, Washington.

"Under the command of Lt. Col. Dewey, the Headquarters and Headquarters Detachment earned the coveted Feher-Deavers

See DEWEY A-5



Sgt. Maj. of the Army Daniel A. Dailey addresses more than 1,000 Soldiers during a town hall at Sgt. Smith Theater, Schofield Barracks. He visited with Soldiers to outline the Chief of Staff of the Army's priorities and initiatives. Dailey took questions from the attendees during his first

SMA Dailey tells USARPAC town hall audience 'Every Soldier is a billboard'

STAFF SGT. CHRIS MCCULLOUGH U.S. Army-Pacific Public Affairs

SCHOFIELD BARRACKS — In his first visit to the Pacific since being appointed the 15th Sergeant Major of the Army, Daniel Dailey addressed U.S. Army-Pacific Soldiers during two

The first town hall took place, here, Monday; the second was Tuesday at Fort Shafter.

The SMA's trip concluded Wednesday after scheduled visits to mission support and theater-enabling commands across the island.

During the 90-minute meeting, Dailey discussed the Army chief of staff's priorities, outlined his initiatives and took questions from an audience of more than 1,000 noncommis-

Dailey talked passionately about the importance of knowing how to lead and motivate Soldiers, and of honoring the traditions of service to country. He reminded the audience that the Army continues to be the most trusted organization in America today, but with that comes responsibility.

"Every Soldier is a billboard," Dailey said. "What do you want your billboard to say today? What do you want your Soldiers' billboards

See SMA A-4

Warrior Brigade Soldiers honored during homecoming

2nd Stryker Brigade Combat Team Public Affairs 25th Infantry Division

SCHOFIELD BARRACKS — Soldiers assigned to 2nd Stryker Brigade Combat Team, 25th Infantry Division, were honored at a homecoming ceremony, here, May 7.

For 120 days, the Warrior Brigade changed its area of operations, seven different times, in three different countries, while conducting humanitarian assistance projects, training in strenuous weather conditions and experiencing different culture backgrounds for the overall goal of building and rejuvenating the partnerships with multinational forces.

"Over the past three months, these Soldiers have operated in the jungles of Thailand with the Royal Thai Army, in the harsh winter climate of the Republic of Korea with the ROK army and in the sweltering heat of the Philippines, with the Philippine army," said Capt. Ryan A. Baum, commander, Headquarters and Headquarters Company, 2nd SBCT.

"While partnered with these nations' armies," Baum continued, "the Soldiers before you conducted three combined and joint arms live-fire

exercises, flew over 781 flight hours and expended over a million rounds of ammunition.

While operating in areas in the Pacific's area of responsibility, from the Republic of Korea to the Republic of the Philippines, and participating in large-scale joint and combined training exercises and community projects, the Warrior Brigade successfully built everlasting relationships with local leaders and partnering armies.

These Soldiers have forged relationships across the Pacific that will last a lifetime," said Baum. "By gaining understanding of how our partners operate and increasing the interoperability between our forces, these Soldiers have strengthened these long-lasting partnerships and alliances."

"To the commanders, to the leaders, to the Soldiers who are in the formations, and to the families, thank you so much for your sacrifices and the contributions that you all make," said Maj. Gen. Charles A. Flynn, commander, 25th ID. "Thank you so much for being ambassadors: Sound, solid and true, and the perfect ambassadors for the mission that was at hand here in the Pacific and across the region."



Air Force Staff. Sgt. Justen Ludowese, 1st Air Support Operations Group (attached to 2SBCT during Pacific Pathways), is embraced by his daughter Constance Rae Ludowese, upon returning from a three-month deployment to Thailand, Korea and the Philippines.



Spc. Alina Zamora, 307th Expeditionary Bn. (2nd from right in purple lei), was recognized during an HMAM ceremony, May 8, at the state capitol in Honolulu. To her left is Hawaii Gov. David Ige. Also photographed are Zamora's chain of command: from left, Lt. Col. Mark Miles, 1st Sgt. Brian Johnson and Capt. Lee Weyrick.

Ceremony recognizes importance of military

Story and photo by KAREN A. IWAMOTO Staff Writer

HONOLULU — Elected officials, business leaders and military personnel gathered at the state capitol, Friday, to declare May to be Military Appreciation Month at a ceremony co-hosted by Gov. David Ige and the Military Affairs Council.

"It's now even more important that we have a focused voice here in the governor's office to really support the military presence on our islands," said Ige, who will have a senior military affairs advocate working in his office on

The ceremony also recognized service members from all branches of the **HMAM Honorees**

Command:

The following were recognized at the capitol:

•Spc. Melody Bell, Hawaii Army National Guard;

•IT1 Erich Bull, U.S. Pacific

•Sgt. Jonathan McDonald, U.S.

Marine Forces, Pacific; •BM1 Charles Palmer, U.S.

ion, 516th Signal Brigade, 311th Sig.

Coast Guard District 14;

•HM2 Samuel Torres, U.S. Pa-

 Senior Airman Stephanie Torres, U.S. Pacific Air Forces; and Spc. Alina Zamora, U.S.

Army-Pacific. The honorees were selected

for demonstrating a strong commitment to community service.

Command, was honored for her volmilitary who have made a difference in the community by volunteering. unteer work with St. Jude, Foster Fam-Spc. Alina Zamora, the battalion ilies of Hawaii, Fisher House Hawaii environmental compliance officer at and the Salvation Army Wahiawa's as-Headquarters and Headquarters sisted living program. Company, 307th Expeditionary Battal-

See HMAM A-5





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CSM Louis C. Felicioni **Director. Public Affairs** Dennis C. Drake 656-3154 Chief, Internal Communication

Aiko Rose Brum, 656-3155 editor@hawaiiarmyweekly.com

News Editor John Reese, 656-3488

hawaiiarmyweekly.com Pau Hana Editor Jack Wiers, 656-3157

community@ hawaiiarmvweeklv.com Staff Writer and

Photo Editor Karen A. Iwamoto, 656-3150 reporter@

hawaiiarmyweekly.com Layout

Estrella Dela Cruz-Araiza Advertising: 529-4700 Classifieds: 521-9111 Address:

Public Affairs Office 745 Wright Ave., WAAF Building 107, 2nd Floor Schofield Barracks, HI 96857-5000

Website: www.hawaiiarmyweekly.com Nondelivery or distribution 656-3155 or 656-3488

Contributing Commands U.S. Army-Pacific Russell Dodson, 438-2662 25th Infantry Division

655-6343 2nd Stryker Brigade **Combat Team** CPT Rich Barker, 655-0738 3rd Brigade Combat Team

CPT Tanva Roman. 655-1083 25th Combat Aviation Brigade

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SFC Jaquetta Gooden, 448-1556

9th Mission Support Command Brian Melanephy, 438-1600, ext. 3114 18th Medical Command (Deployment Support) SFC Nicole Howell,

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Dennis Drake, 656-3154

HAWAII ARMY WEEKLY

Gift giving has value limits w/o pressure

VERNDAL C.F. LEE Chief, Legal Assistance 25th Infantry Division Staff Judge Advocate

Dear JAG,

I'm a company commander, and my battalion is changing command next week. I haven't thought about a gift because of my focus on my Soldiers and their mission. I told my XO today, "The battalion commander is leaving next week, and we don't have a PCS gift for him. Mission: Get the battalion commander a nice gift, but don't spend more than \$500! Collect from all our Soldiers; everyone must contribute! Here's my two dollars." Did I do the right thing?

Sincerely, Curious Commander

— Dear Curious,

Cease-fire, let's check signals! Under the Joint Ethics Regulation,

permanent change of station gifts to superiors are authorized, but not required. There is no legal limit on what you give to a peer or subordinate. However, some rules must be followed for

Gifts cannot exceed \$300 per donating, identifiable group, like a company

₹ifts cannot Jexceed \$300 per donating, identifiable group, like a company or battalion.

or battalion. Therefore, each company may give up to a \$300 gift to the departing commander.

If an individual donates to more than one group, then those groups must be aggregate when counting the \$300 limit. For example, if you decide to donate to both your company fund and your sister company's gift fund in contribution toward your departing battalion commander, then those two companies are now combined as identifiable group with a limitation

So long as individuals within their identifiable group only donate to one group, it is perfectly permissible for a **they must be returned or purchased.**

of \$300.

departing commander to receive a \$300 an organization because the XO is secgift from each company in the battalion. Hence, conceivably, a commander could receive gifts totaling several hun-

Solicitation for donations is permissible, but solicitations may not exceed \$10, and Soldiers are not required to donate. However, individuals may contribute more. To avoid the appearance of command pressure, junior personnel should be asked to collect donations. Your executive officer is a bad choice to solicit donations for

ond in command. Another potential pitfall involves giv-

ing a gift to a departing superior's spouse. The basis of the spouse's gift must be independent of the status as a spouse; otherwise, the gift counts against the departing Soldier's \$300

If a gift does exceed \$300, then the gift must either be returned or purchased by the superior. "Buy-down" provisions are NOT authorized: Superiors may not pay the difference between \$300 and

the cost of the gift.

In your case, you should not have waited until the last minute to buy the gift. You can't spend more than \$300 on the gift, so a \$500 gift is forbidden. Again, Soldiers may not be forced to

contribute to a gift.

Lastly, expect to pay a lot more

To answer your question, you have not done the right thing. Call the 25th Infantry Division/U.S. Army-Hawaii Office of the Staff Judge Advocate Administrative Law Section at 655-8743 for further questions you may have.



Gifts of up to \$300 are acceptable, or

Leader development a priority for the garrison

12-month program provides opportunities for enhancing skills of tomorrow's leaders

JAMES BROWN

Mentor Program Manager U.S. Army Garrison-Hawaii

"It's been a long journey, but well worth the trip!" That's one of the sentiments expressed by recent graduates of the U.S. Army Garrison-Hawaii's Fellows

The program is designed to prepare junior-level employees to be the managers and executives and to provide opportunities for employees to obtain or enhance skills and attributes that will advance their careers.

The 12-month program of instruction is infused with several challenges and learning opportunities for its mentees, as well as the mentors and program manager. The mentees must navigate through reading and writing assignments, a group project, mentor shadow assignments, organizational site visits and leadership training as part of the program's curriculum.

Class 04 had an additional challenge at the end of the course - a comprehensive written examination!

"During the course, I applied for an Army intern-



Dr. Peter Peshut (far right), biologist, U.S. Army Garrison-Pohakuloa, briefs candidates in the USAG-HI Fellows Program from Schofield in 2011.

ship program and was accepted. Much of what I learned in the Fellows program will translate to my new career and goals," said Chuhui Godaire, mobilization, plans and operations specialist, Directorate of Human Resources.

"I appreciate what you do, everyday, for Soldiers and families in our community," said Col. Richard Fromm, commander, USAG-HI, at the graduation ceremony. "Growing our workforce from within through

The next Fellows program will commence June 17. Garrison employees in grades GS-07-11 and N02-03, or equivalent, are eligible to apply as mentees. Employees in grades GS-13-15 (or with a wavier for GS-11-12, or equivalent) are eligible to apply as a mentor.

For more information about applying to the USAG-HI Fellows Program as a mentor or mentee, call 656-0880.

internally generated programs, such as the Fellows, illustrates our commitment to the employees and the or-

Fromm presented graduation certificates and coins to the Fellows and certificates of appreciation to the

"Helping our workforce shape the future direction of their careers is a fundamental responsibility of management and a pillar of strength for top-performing organizations," said Michael Amarosa, acting deputy to the garrison commander. "From the highest levels of the Army, IMCOM (Installation Management Command), and the garrison, developing and sustaining the workforce are interwoven into all organizational strategies.'

FTTSTEPS in FAITH

Parenting requires patience, encouragement, discipline

CHAPLAIN (MAJ.) DANIEL KANG Family Life Chaplain

U.S. Army Garrison-Hawaii

There was a young father in a supermarket, pushing a shopping cart with his little son strapped in the front.

The little boy was fussing, irritable and crying.

The other shoppers gave the pair a wide berth, because the child would pull cans off the shelf and throw them out of the cart.

The father seemed to be very calm. As he continued down each apply them differently, according to their aisle, he mumbled gently, "Easy now, George. Stay calm, George. Steady, boy. It's all right, George."

A mother who was passing by was greatly impressed by this young father's solicitous attitude. She said, "You certainly know how to talk to an upset child quietly and gently."

the little boy, she said, "What seems to be on the lives of their children when it's unreasonable anger and brutal beatings. the trouble, George?"

"Oh no," said the father. "He's Tom.

I'm George." There are many different healthy and positive ways to raise children. However, it is impossible to examine all of our parenting options in such a limited space. Let's look at two areas of parenting for now — love and discipline.

Love and discipline are very broad terms to put into practice, and each parent will

own ways, based on their backgrounds and value. Let me break it down for you. Love means encouraging our children.

- •Encourage them with our presence.
- •Encourage them with our words. •Encourage them with our touch.

Encouragement is a powerful tool. And then as she was bending down to Parents can make an incredible impact

used the right way. We have no idea what it means to our kids for them to look in the stands or into the audience and see mom and dad sitting there, not texting on their phone, but watching

Encourage them with our words and touch. There is a power in the word.

Did you know that it takes about 15 words of encouragement to undo just one negative comment? In addition. there is something very therapeutic about the touch. A study says that when we give/receive hugs for 12 seconds, our brain registers positive feelings and energy, and then begins to release positive chemicals in our body. It is meaningful touch that encourages our children.

Discipline means urging our children. Our culture has turned discipline into a dirty word, especially in the area of parenting. To speak of a parent disciplining a child today evokes images of

"No discipline seems pleasant at the time, but painful. Later on, it produces a harvest of righteousness and peace for those who have been trained by it." — Hebrews 12:11

Definitely, it takes courage and intentionality to discipline our children. Parents have to be proactive, and not reactive, when it comes to disciplining children. Discipline's purpose is to train for correction and maturity rather than to inflict a penalty.

Discipline is for future correct acts, instead of past misdeeds. Discipline is with love and concerned attitude, instead of hostility and frustration. Discipline brings security to children, instead of fear and guilt.

Parenting is a privilege and a blessing. Enjoy your children and be a responsible parent. We only have them for a

In support of National Teacher Appreciation Week,

How do teachers make a difference?

By U.S. Army Garrison-Hawaii Public Affairs



By encouraging students to be the best they can be, not just in school but in sports and at home."

Roddriann Cremer 1st grade teacher, Wheeler Elementary



"I try to make a positive difference by giving them a positive experience at school."

Denette Reed 2nd grade teacher, Wheeler Elementary School



"Teachers help me understand my curriculum by explaining things."

Whittley Reed 4th grader, Wheeler Elementary School



'By being there for the whole student and supporting them academically, socially and emotionally."

Renee Remi Special education teacher . Wheeler Elementary School



Sophia St. Germain 2nd grader, Wheeler Elementary School

BEST WARRIOR COMPETITION

8th TSC warriors demonstrate adaptability, resiliency

SGT. JON HEINRICH

8th Theater Sustainment Command

SCHOFIELD BARRACKS — Soldiers in today's Army have to be agile and adaptable to the changes they may encounter as warriors.

Seven Soldiers of the 8th Theater Sustainment Command demonstrated these characteristics, here, May 4-8, by competing in various events to include an Army physical fitness test, day and night land navigation, zero and qualification with their M16s, and a formal board, written exam

Sgt. Michael Hooks, a horizontal construction engineer with Headquarters and Headquarters Company, 130th Engineer Brigade, and Spc. Jonathan Renterian, a geospatial engineer with HHC, 130th Eng. Bde., won the unit's 2015 Best Warrior Competition, earning the title of the 8th TSC's noncommissioned officer and Soldier of

"It changes what parts of the basic fundamentals as a troop you learn growing up," Hooks said. "As an NCO, you get to draw parts of your skills and hone them; that way you get to go back to your unit and refine your Soldiers."

Both Soldiers put their best effort into each event to demonstrate their competency, tactically and technically.

"It was a complete 180 switch to go from driving the sergeant major every day to having to put on a ruck, moving around, running around the land nav course and shooting and all that," Hooks said. "But that's part of being an NCO and a Soldier - being able to adapt and overcome any situation."

The Best Warriors were awarded the Army Commendation Medal, a trophy and other gifts for their accomplishments, Friday, at the 45th Sustainment Bde., 8th TSC dining facility, here.

"Whether you know it or not, competitors, you



Sgt. Jon Heinrich, 8th Theater Sustainment Command

8th TSC warriors begin a two-mile run for the 2015 Best Warrior Competition, May 5, at Area X-Ray. The Best Warrior Competition determines the NCO and Soldier of the Year.

really tested yourselves across the five dimensions of strength: physically, emotionally, spiritually, socially and family," said Maj. Gen. Edward F. Dorman III, 8th TSC commanding general. "We have to be able to face challenges that we've never seen before. We have to be able to think on

have built readiness over the week, and you have our feet and adjust to the unknown, develop the right solution and bring it to bear, so we can execute the mission."

Hooks and Renterian will go on to compete against 26 Pacific theater winners in the U.S. Army-Pacific's Best Warrior Competition in



Staff Sgt. Taresha Hill, 8th Theater Sustainment Command

Spc. Kelsi New, human resources specialist, with 8th Special Troops Battalion, dons her protective mask before an event to determines the Best Warrior, May 6. The winners will go on to compete in the U.S. Army-Pacific competition.

Army technology safely destroys historic munitions

Chemical munitions were from world wars

U.S. ARMY GARRISON-HAWAII **Public Affairs**

SCHOFIELD BARRACKS — Army officials announced the successful destruction of 10 historic munitions, here, using the Army's transportable Explosive Destruction System (EDS).

Over the past two weeks, Army operators used the EDS to safely destroy 10 World War I- and World War II-era chemical munitions that were recovered during range clearance activities, here, between 2009

The EDS operations were conducted by a joint team from the Army's Recovered Chemical Materiel Directorate (RCMD), Chemical Materials Activity, and the Edgewood Chemical Biological Center, U.S. Army Research Development and Engineering Command.

"This was another successful operation by an outstanding team of operators," said Rob Snyder, EDS site manager, RCMD. "Our goal was to safely destroy these items in a manner that protected the operators, the community and the environment, and we did exactly that.

Air monitoring and sample collection confirmed the chemicals in the munitions were contained and completely treated.'

Snyder also added that all waste resulting from the Schofield operation will be shipped off island to a permitted treatment, storage and disposal facility on the continental U.S.

The EDS is the Army's proven technology to destroy recovered chemical munitions. It provides transportable, on-site treatment and destruction of chemical items in a contained, environmentally sound manner, and has been used to safely destroy more than 1,855 items nationwide.



U.S. Army Chemical Materials Activity

The EDS is a safe and effective means of destroying chemical munitions. The blast, vapor and fragments from the munitions are all contained inside of the chamber.

HAWAII ARMY WEEKLY **A-4** | MAY 15, 2015

45th is 'Sustainment Unit for Pacific'

Story and photo by

SGT. ERIN SHERWOOD 45th Sustainment Brigade Public Affairs 8th Theater Sustainment Command

SCHOFIELD BARRACKS - Coined "The Sustainment Unit for the Pacific," the 45th Sustainment Brigade, 8th Theater Sustainment Command, has a long history of providing support during contingency operations, humanitarian missions and joint logistics exercises across the world.

can involve anything from proper preventative Army," said Chief Warrant Officer 3 Jason Jonas, maintenance checks and services on motor pool vehicles to the best way to manage an entire shop of staff and equipment.

"The first day I started working in the support operations shop, I asked what we were doing to support the units within the 8th Theater Sust. Cmd.," said Chief Warrant Officer 4 Kent Shepherd, senior ground maintenance warrant officer. "I suggested we start a COMET because there were no resources on Schofield Barracks



Chief Warrant Officer 3 Jason Jonas, 45th Sust. Bde., helps Spc. Crystal Biggs of the 25th Infantry Division navigate through the Army publications system website during a class at the Digital Training Facility on Wheeler Army Airfield, March 30.

A part of maintaining this level of support is that offered training assistance for unit inspecvalidating Soldiers' basic knowledge with proper procedures.

One approach the seasoned leaders in the unit are taking to ensure mission readiness is by implementing a Command Maintenance Evaluation Team (COMET) designed to streamline the way sustainment personnel conduct unit-level inspections. The team enhances readiness by identifying and resolving equipment and maintenance management issues affecting a unit's ability to support the Pacific theater.

This training impacts contingency operations and the way these units can support humanitarian aid and disaster-relief missions. It tions. We realized there were some experience gaps between maintenance required and Soldier knowledge, and we wanted to fix that."

Current initial entry Soldiers aren't certified on the Standard Army Maintenance System, an essential program used by sustainment personnel Armywide. As the contingency operations slow down, it gives the seasoned professionals an opportunity to reintegrate standard Army practices. With Hawaii's limited training opportunities, the COMET was the right fit because of geographical location.

"There was a program in place before all of these rapid deployments for the sustainment Armament Systems Maintenance warrant officer for the 45th Sust. Bde. "When the wars in Iraq and Afghanistan kicked off, it was discontinued because we didn't have the manpower in garrison. Now that we have a full staff again, we can recreate the inspection team and model it around an expeditionary agenda."

Jonas and Shepherd began their program by inspecting and communicating with units islandwide, and then identifying the challenges each faced. They also pinpointed who needed what training.

"A lot of junior officers and senior noncommissioned officers do not have that formal training on how to manage a motor pool," said Jonas, "mostly because their units are deployed or resetting from a deployment from the past few

"We identified these shortfalls and based our program around these knowledge needs," added Shepherd. "We can't officially certify Soldiers, but what we can do is give them the tools they need to be successful on the job."

After their assessments, Jonas and Shepherd created accelerated daylong classes to teach anywhere from 10-20 Soldiers at the Soldiers' place of work. They have trained more than 250 Soldiers in the past three months on various maintenance tasks.

One of their most popular classes focuses on military publications, which teaches Soldiers how to order specific equipment and field manuals for their shop.

"The class was helpful for me because there are times when I need a technical manual or am unsure about the function of a certain part," said Sgt. Clint Hornaday, 25th ID missile technician. "The publications class gave me the tools I need to order them, so I can properly instruct my Soldiers on how to repair equipment."

The team also offers services, such as segmented inspections, desk-side visits, arms room maintenance, standard operating procedure instructions, and assistance with filing, management and proper labeling techniques.

"These classes are an opportunity for executive officers and senior noncommissioned officers to have dialogue with a senior warrant officer about how to run a motor pool or manage a shop floor," said Shepherd. "We also take everything we teach, along with sample standard operating procedures, and post them in a portal online, so resources are easily accessible."

"In the end, it really comes down to communication" added Jonas. "We want units to know we are there as a resource to help. If we know about an issue, we can provide an answer instead of them having to search for it."



Sgt. Andrew Jameson, Troop C, 2-14th Cavalry Regiment, asks SMA Daniel A. Dailey a question during a town hall at Sgt. Smith Theater, Monday. The SMA took questions about Soldiers' profession-

SMA: NCOs need to take back lead

CONTINUED FROM A-1

to say today?"

There are 1.1 million Soldiers currently serving in the Army, including the Guard and Reserves, who represent the profession of arms, he said.

Daily said he personally approaches every day with this billboard philosophy, so he can be his personal best.

He went on to talk about the "Not In My Squad" campaign. He emphasized there won't be training materials developed to tell NCOs what this means, but that leaders at every level need to believe they are the best, instill that in their Soldiers and lead teams that reward excellence.

"Excellence spreads a lot faster than indiscipline," Dailey said. "NCOs need to take back the lead. Sergeants Time Training isn't a specific day of the week. It is every day."

Dailey also talked about and took questions specific to talent management, broadening assignments, education opportunities for NCOs, changes in retirement and investing in Soldiers so that individual Soldiers grow personally and professionally while simultaneously ensuring the Army gets the return on investment it requires.

The SMA's Town Hall

The first town hall is online. Watch it at https://www.dvidshub.net/web cast/6389#.VVFaME0cT2d.

3rd BCT 'Broncos' prepare at JRTC to win the fight

Story and photos by **SGT. BRIAN C. ERICKSON** 3rd Brigade Combat Team Public Affairs 25th Infantry Division

FORT POLK, Louisiana — More than 2,900 Broncos from 3rd Brigade Combat Team, 25th Infantry Division, arrived here, April 30-May 9, for training at the Joint Readiness Training Center.



Pfc. Anthony Mercado, 3-7th Field Artillery Regiment, tosses an expended shell casing after firing the howitzer during a grueling 10 days of decisive action training at the JRTC. The Broncos are slated to support Pacific Pathways this summer.

friendly nation and deter aggression in the region.

The Broncos endured a 16-day training schedule, with the first four days at the intermediate staging base, followed by 10 days of grueling decisive action training described as being

They also experienced a wide variety of non-

current government, those trying to overthrow the government and neutral civilians that were swaved by the outcome of U.S. presence.

HAWAII ARMY WEEKLY

"This training will help the Soldiers improve in their military occupation specialty, as well as their self awareness," said Col. Scott Kelly, commander, 3rd BCT.

Each section of the units partaking in the training benefited from a JRTC observer/controller (O/C) during the exercise.

'The role of the O/C is to teach, coach and mentor them in an attempt to aid the leader's contributions to the unit's mission," said Kelly.



The crew of an M119A3 howitzer, assigned to 3-7th Field Artillery Regiment, fires a 105mm round during a live-fire training mission in Louisiana at the JRTC, Tuesday.

the fictional country of Atropia to partner with the the battlefield, including those who support the "Having an external set of eyes looking at the unit makes all of us better."

This training is made to be as realistic as possible to fully prepare Soldiers for the diverse chal-

lenges they could face in future deployments. "This is the doctorate level of warfighting, a challenge more than anything home station training could give these Soldiers," said Kelly.

Members of the Bronco Brigade are expected to deploy this summer in support of Pacific Pathways, a partnership exercise that employs the best-trained units in engagements and exercises with partners to improve the quality of those exchanges, build capacity and achieve interoperability.

What's in the Box?

JRTC conducts tough, realistic, multiechelon, joint and combined arms training to develop bold, innovative leaders that are able to deal with complex situations.

The box, more than 100,000 acres, is another world that lies within Fort Polk. It's constructed to be as realistic as possible, made up of structures simulating foreign markets, farms, mosques, homes, embassies and military posts.

As part of training, rotational units also encounter nongovernmental organizations, competing organizations, political parties, media, local police, paramilitary forces and uniformed/non-uniformed insurgent military forces.

CID: New commander comes from 8th MP Bde.

CONTINUED FROM A-1

Award as the most outstanding CID detachment in the entire U.S. Criminal Investigation Command," said Dolata.

"I knew this would be a challenging assignment, but I also learned a lot from being in this command position, and coming into this command with the battalion, which had been just selected as the Feher-Deavers Award winner, that it would be a tough act to follow," said Dewey. "We must give credit where it is due ... I have been blessed with some of the best special agents in charge and de-

tachment sergeants across our 11 offices and our Korea field office command team."

Dewey gave welcoming words and advice to the incoming commander.

"I bequeath to you, a top-notch team of special agents, leaders and staff... and knowing your background in CID and being a former Korea field office commander, you'll find new, innovative ways to continue to improve this great organization," he said.

Crane comes from being the deputy brigade commander for the 8th MP Bde., located here. In his opening remarks, he gave praise and thanks for the opportunity and privilege on becoming the newest 19th MP commander.

"To the Soldiers here on the field ... $thank\,you\,for\,your\,professionalism.\,I$ look forward to serving again with the CID component of the MP corps, because this is an elite unite whose mission is essential to today's Army," said Crane.

The 19th's area of responsibility encompasses offices in Hawaii, Alaska, Korea, Japan, Okinawa and a task force on Guam. As the standalone CID command in the Pacific, it ensures senior commanders receive the professional investigative support expected of its special agents.

HMAM: Soldier's chain of

CONTINUED FROM A-1

Zamora said she felt grateful that

she was able to help these programs. "It feels good to be able to give back to people who are less fortunate," she said. "I myself grew up a foster kid, so it was important for me to give back to kids."

The sense of family and togetherness she provided for the children mirrors the sense of family and togetherness the Army provides for her.

Her chain of command, who ac-

companied her to the ceremony, said they were proud of her achieve-

"She gives it her all," said Capt. Lee Weyrick, HHC. "She gives selfless service both on the job and in her personal life, and I'm glad she was recognized today."

Added HHC 1st Sgt. Brian Johnson, "Other Soldiers see what she's done. She is passing on her knowledge and support of these programs so that it will continue on. It won't end with her.'

command attends ceremony

Garrison wraps up prescribed burn

U.S. ARMY GARRISON-HAWAII
Public Affairs

SCHOFIELD BARRACKS — Army officials announced Wednesday was the last day of active burning for the annual prescribed burn, here, at the training range complex.

According to Chief Scotty Freeman, Fire Division chief, Directorate of Emergency Services, U.S. Army Garrison-Hawaii, officials will not be igniting any additional areas, and will now be shifting focus to mop-up operations and monitoring for any remaining hot spots.

The prescribed burn, which began Monday, was conducted as a proactive safety measure to remove highly flammable guinea grass and other vegetation on the range. If left unchecked, these grasses become large fuel sources for wild-fires that can be difficult to contain and threaten area resources.

"This was the most successful prescribed burn of that area in the seven years that I've served here as fire chief," Freeman said, adding that there was no damage to archaeological or cultural sites, nor to threatened and endangered plant and animal species.

Army fire officials were able to burn approximately 75 percent of the planned 1,200 acres. The other 25 percent contained vegetation that was too difficult to ignite or too low in fuels.

The fire will be officially called "out" 72 hours after the last hot spot is confirmed extinguished. No fires occurred outside of the designated burn areas.

The burn effort was supported by multiple personnel from USAG-HI, the Federal Fire Department, the 8th Theater Sustainment Command, the 25th Infantry Division, and U.S. Marine Corps Forces, Pacific, to include firefighters, aviators, engineers, natural and cultural resources specialists, explosive ordnance disposal personnel, and law enforcement personnel.

The Army also coordinated the effort with the Hawaii State Department of Health's Clean Air Branch and the U.S. Fish and Wildlife Service, who both reviewed and approved the prescribed burn plan.



Courtesy photo

Typically, heavy equipment clears bush to reduce potential fuel for fires, as demonstrated in this 2014 photo.



Send announcement for Soldiers and civilian employees to news@hawaiiarmyweekly.com.

Today

MHAM — May is Mental Health Awareness Month. The VA is encouraging veterans, along with their families and friends, to visit and view recovery journey stories at www.MakeTheCon nection.net.

AG Ball — Attend the Adjutant General Corps' 240th year Celebration Ball at the Sheraton Waikiki. AGCRA members receive a \$10 discount. There will be several door prizes, and ball tickets are redeemable at several local establishments for discounts.

To purchase tickets, email agcraalo hachapter@gmail.com or visit www.face book.com/groups/882035121836752/.

Legal Brief — The entire Office of the

Staff Judge Advocate, to include Legal Assistance and Claims, is closed today.

Last Chance — The 2015 Army

Last Chance — The 2015 Army Emergency Relief campaign "Making a Difference" ends today. Return completed donation forms to ACS. Call 655-7132 or visit www.aerhq.org to make an

online donation.

TSP — The Thrift Savings Plan offers a new YouTube video to explain how it works with the FERS retirement system. Watch it at www.youtube.com/watch?v= XnlQZa7g_d4.

PRMC — Like the Pacific Regional Medical Command Facebook page today at http://tiny.cc/y3iuxx, where you will find the most recent news, stories, videos and photos about the Army's largest medical region.

16 / Saturday

AFD — Armed Forces Day activities include a combined military band concert at Hawaii Theatre. For information on tickets and parking, call 528-5535 or visit www.hawaiitheatre.com.

Kolekole — The Army Kolekole Walking/Hiking Trail is open Saturday and Sunday, 5:30 a.m.-6:30 p.m to DOD ID cardholders and their guests. Do not park at the trail from 6:30 p.m.-5:30 a.m. Violators will be ticketed. Use of the trail is permitted only during open hours.

17 / Sunday Support the (Future) Troops — A

ceremony recognizing local high school

students who plan to enlist following grad-

uation takes place 3:30-5 p.m. aboard the

USS Missouri, preceded by an invitationonly reception at 2 p.m., where students will meet representatives of the military, government and Oahu's community lead-

ers. Call 541-1627.

21 / Thursday

Reassignment Renovations — The garrison's Directorate of Human Resources, Military Personnel Division Reassignment Section, will be closed until May 26 for renovations. There will be no reassignments levy brief today or May 28.

22 / Friday

Org Day — Many offices will be closed during U.S. Army Garrison-Hawaii's Organizational Day. Soldiers and employees will participate in activities at Schofield Barracks. Watch this space for updates.

25 / Monday

Memorial Day — The garrison hosts a Memorial Day remembrance ceremony, 10 a.m., at the Schofield Barracks Post Cemetery. Visitors should enter Schofield via Lyman Gate, off Kunia Road, and provide current ID, registration, insurance and safety check.

June

4 / Thursday

Training — Equal Employment Opportunity will conduct annual anti-harassment, EEO and No Fear classes for Army civilian employees and military supervisors of civilian employees, today and June 5 at Tripler's Kyser Auditorium; at Schofield's Nehelani, June 16-17, and at Shafter's Hale Ikena, June 22-23. There are multiple one-hour class time slots to choose from. Call 438-4967/4963.



Traffic Report lists roadwork, construction, outages and noise advisories from the Army and the Hawaii Department of Transportation. Visit www.garrison.hawaii.army. mil /info/trafficcalendar.htm.

Unless specified, all area codes are 808.

Today

South Range Road — Shoulder work that began May 11 along upper South Range Road, from Lyman Road to the Mauricio Road Intersection, is anticipated to last about seven more weeks and should close off the bike/shoulder lane only. If

necessary, a travel lane of a minimum of 10 feet will be maintained. Traffic cones and construction signage will be used during the working hours (6:30 a.m.-5:30 p.m.; Saturdays as needed) and removed at the end of each workday.

Schofield Closures — There will be a weekday road closure, 8:30 a.m.-5 p.m., at Menoher Road, Schofield Barracks, from today until May 22, and one lane will close at McMahon Road, May 26-29.

30 / Saturday

Stopped Signal — There will be a four-way stop at the intersection of Lyman and Humphreys roads in order to replace the traffic signal wiring. The fourway stop will be in effect 7 a.m.-1 p.m. Traffic signals will not be operating during this time.

June 1/Monday

Road & Roof — The portion of Schofield's Glennan Street fronting Bldg. 689 will be closed weekdays, 8:30 a.m.-5 p.m., from today until June 19, in order to reroof the building.

Schofield Closure — There will be a road closure at Carpenter Street beginning today through June 12, 8:30 a.m.-2 p.m., weekdays, except Wednesdays, when the closure ends at noon instead of 2 p.m.

Closed Loop — Watch for partial road closures along Fort Shafter Flats' Loop Road, near Bldgs. 1550 and 1558, for well abandonment. Loop Road, near the east corner of Bldg. 1550, will be restricted to one lane access today.

make an emergency stop;

however, the majority of mo-

torcycles do not have linked or

antilock braking systems. The

rider must effectively use both

the front and rear brake con-

trols and gauge available trac-

tion. To do so in an emergen-

(6) Prepare for the worst

case. Be ready for heavier traf-

fic, rain instead of sun, rocks

around blind corners, and so on. Be pessimistic, not opti-

mistic, so you can be pleasant-

ly surprised with an easy ride.

Be mentally ready. Keep your

mind agile; don't relax and

cy requires practice.



Key strategies help you ride safely on a motorcycle

Safety Manager 311th Signal Command (Theater)

FORT SHAFTER — Riding a motorcycle is al-

ways risky activity. Many riders have ridden successfully for years without catastrophe, but there are many riders

who experience a tragic event on their first ride. If asked, the successful riders would probably name many of the following key strategies as being essential to their success.

1 They remember they are vulnerable. Riding a motorcycle can be an exhilarating experience. The sensation of power, the openness of the motorcycle to the environment and the feedback from the motorcycle may lull the rider into a false sense of security. Riders must constantly

remind themselves that they are just a heartbeat

away from injury or death. **2** Be seen by other traffic. There are many ways to increase visibility, but in most situations, there are some key ingredients: Increase your following distance, maintain at least two seconds from the car ahead, use a lane position that makes you more visible to other traffic, avoid

blind spots — if you can't see the driver's face in his door or center mirror, he can't see you.

Wear bright clothing to make yourself stand out from the background and don't rely on loud pipes. Drivers can hear the noise, but may not be able to locate the source.

3 & **4** Ride at expected speeds and corner at realistic speeds. Road speed limits are designed for 85 percent of the drivers to be moving at similar speeds. If you're driving faster than other traffic, you place yourself at risk.

Corners are involved in nearly 50 percent of motorcy-

cle crashes. The leading cause of trouble is an entry speed too high for conditions or the rider's experience. Be conservative at the corner entry. You can later accelerate through the turn, based upon conditions.

6 Practice hard braking. There may come gear on every ride, not just the state or Army



File photo

This rider is missing a piece of protective gear ... what is it?

daydream while you are riding. **7** Cover your brakes. Position your fingers and toes near the brake levers to respond to

emergencies more quickly. **8** Prepare to ride. Wear good protective

a time when the rider must minimum requirements. Should you take a spill, what you wear is the only thing between you and the pavement.

9 Incorporate rest. Riding a motorcycle is mentally and physically demanding. To stay on top of your game, you need to take breaks, to take a rest. While you are planning, bring rain or cold weather gear if you anticipate a weather or climatic change (like riding to the top of a mountain).

(1) Check over your motorcycle. Don't delay needed repairs. Inspect your motorcycle briefly before every ride and do in-depth inspections. Half of the motorcycles attending training days have critically low tire pressure.

Remember vulnerability, be seen, ride at realistic speeds, prepare for the unexpected, do your pre-ride preparation and ask experienced riders; maybe they've found the secret to keeping their risks manageable on the road.

(Note: Maxwell is a lifelong motorcyclist with over 38 years of road experience. He has been a certified motorcycle Motorcycle Safety Foundation rider coach for 26 years and a master trainer of rider coaches for eight years.)

Tripler Police Dept.'s first traffic investigators hit the streets

PFC. PAXTON BUSCH

Tripler Army Medical Center Public Affairs

HONOLULU - Sgt. Nicole Chang and Officer Glenn Yamanouchi, Department of the Army Civilian Police, graduated from a traffic investigator course at Schofield Barracks, becoming Tripler Army Medical Center's first investigators.

The graduates were nominated for the course by the TAMC provost marshal, Kevin Guerrero.

"The focus of the traffic section is to not only enforce traffic laws and regulations, but also to educate the public on driver and pedestrian safety," said Guerrero. "With qualified TPD (Tripler Police Department) traffic investigators, the TAMC Provost Marshal Office is able to provide more direct and immediate services to the command, when requested."

In the past, any traffic accident occurring on TAMC property would immediately be turned over to the Directorate of Emergency Services for investigation. Now, TPD police officers can conduct and/or assist the DES with any type of vehicle accident. They are also certified in the operation of the light detection and ranging speed gun to ensure safety on TAMC's roadways.



Photo courtesy of Tripler Army Medical Center Public Affairs

Tripler's new traffic investigators, Officer Glenn T. Yamanouchi and Sgt. Nicole K. Chang, receive their certificates of training from the tough course at Schofield Barracks. TAMC Provost Marshal Kevin L. Guerrero (right), nominated them to become investigators. Adding his support is Deputy Provost Marshal James A. Ingebredtsen (left).

According to Chang and Yamanouchi, the course wasn't an easy one to complete, with an attrition rate of 30 percent. Still, the two TPD officers not only completed the course, they also went on to tackle the speed gun course, as well.

'The whole course was packed with a lot of information, but the math was definitely quite challenging. It feels great to complete training classes like these, and overall I feel confident in knowing the information we received and how it will help our department," said Chang. These classes have enhanced my knowl-

edge of traffic laws, investigations and safety," said Yamanouchi. "I look forward to establishing a traffic section within TPD, which will provide assistance to all drivers and pedestrians on TAMC property." James Ingebredtsen, deputy provost marshal,

is pleased to have qualified traffic investigators at TAMC, too. The TPD is continuing to transition to a more self-sustained police force.

"The significant return on investment for TAMC is we are now able to provide our staff-patients-visitors with this service when appliedble," Ingebredtsen said.

FMWR summer camps offer keiki experiences

Staff Writer

SCHOFIELD BARRACKS — For millions of schoolchildren across the nation, summer is synonymous with vacation.

But even if a trip to a theme park or a foreign country isn't in the cards, children can still build lasting memories, develop new friendships and learn important skills while out of the classroom.

At U.S. Army Garrison-Hawaii, the Directorate of Family and Morale, Welfare and Recreation's Child, Youth and School Services (CYS) program offers summer day camp experiences at Aliamanu Military Reservation, Fort Shafter, Helemano Military Reservation and Schofield Barracks.

"We have so many wonderful activities, and there's a closeness between the staff and the kids," said Corinne Burns, CYS adminis-

2015 Summer Camps

The day camps run for seven weeks, beginning the week of June 8 and wrapping up the week of July 20. Parents may enroll their children for the entire seven-week period or only during specific week(s).

The overall theme of this year's camps is "Summer Adventureland."

Each week, camp activities are loosely related to a movie, such as "Minions" or "Atlantis," or on a team-building skill, such as "endurance" or "exploration."

"The themes are themes we've developed

with the children's input," Burns said. "It's not just the caretakers running the program; the children get a say in guiding the activities,

Near capacity

There is a waitlist for summer camp pro-

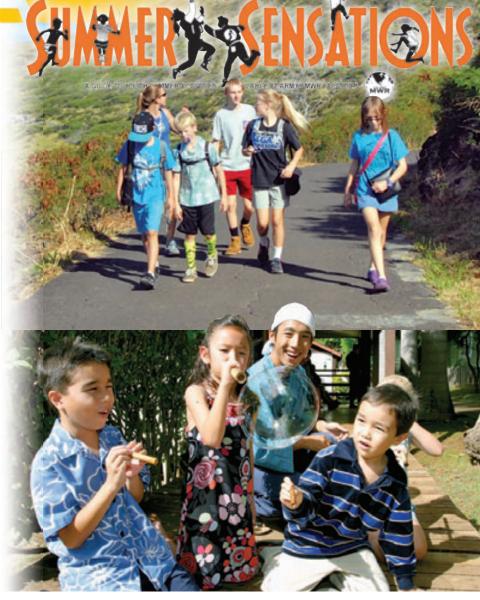
Families are placed on the waitlist in sequential order according to their family type and the initial date they requested care.

Interested families need to visit www.mili tarychildcare.com and create a profile with their household information (personal contact information, branch of service, family type and children's information). From there, families can search for care by area, which will generate a list of child care centers that will accommodate their children's ages.

After selecting any of the School Age Centers or Child Development Centers, parents will be able to view the Summer Camp care options by week.

Families may then select any or all weeks to request a space in the camp. If a space becomes available, they will be notified via email and will receive a phone call from Parent Central Services to verify their eligibility, and schedule an orientation at the School Age Center. The family needs to be fully registered with CYSS.

(Editor's note: At press time, CYS officials indicated the programs were running near capacity, and applicants would be placed on waiting lists.)



Karen A. Iwamoto, Oahu Publishing Company

At top, children and teens enrolled in CYS summer camp programs can explore some of the hiking trails available on Oahu.

Photo courtesy of Plantation Village Hawaii

Above, children experience what life is like on a sugar plantation village at Plantation Village

What follows is a general overview of the Summer Adventureland day camps available through CYSS, as well as a summary of some of the weekly activities children may be participating in at the camps.

Aliamanu Military Reservation School Age **Summer Adventureland Camp** AMR Youth Center (Grades 1-5) 154 Kauhini Road, Bldg. 1782

Spaces are limited and children must be registered to participate in summer camp programs. Camp hours and activities are subject to change. Camp fees are based on total family income categories. Call Parent Central Services at 833-5393 to verify your family's category.

Week 1 (June 8-12)

Weekly Theme: Strolling through Wonderland - Hike Waihe'e Falls and join a scavenger hunt.

Week 2 (June 15-19)

Into the Woods - Take an excursion to Gunstock Ranch at Kualoa Ranch and participate in a field challenge.

Week 3 (June 22-26)

Atlantis - Cool off with an excursions to the Ice Palace and Kahuku Farms.

Week 4 (June 29-July 3)

Amazing Race - Take part in a picture taking challenge and take an excursion to Chuck E. Cheese.

Week 5 (July 6-10)

Minions - Powder dodgeball and a trip to the Polynesian Cultural Center are among the activities planned for this Minionsthemed week.

Week 6 (July 13-17)

Wish Upon a Star - This week's activities include a water gardens theater and a game of double dare.

Week 7 (July 20-24)

Rainforest Adventure - Wrap up summer with a week of water with a trip to Hickam Air Force Beach, the AMR pool and a day of water games, among other activities.

AMR Youth Center (Grades 6-8) 154 Kauhini Road, Bldg. 1782

Spaces are limited and children must be registered to participate in summer camp programs. Camp hours and activities are subject to change. Camp fees are based on total family income categories. Call Parent Central Services at 655-8381 to verify your family's category.

Week 1 (June 8-13)

The Amazing Race - A week full of physically fun and mentally challenging activities, such as playing paintball, participating in an exercise boot camp, engaging in chess tournaments and going on an excursion to see the movie "American Sniper."

Week 2 (June 15-20)

Survivor - For this "Survivor"-themed week, youth can learn archery, play laser tag, maneuver through an obstacle course and



Keiki cool off and stay active with trips to Ice Palace Hawaii. The CYSS summer camp programs offer numerous offsite excursions. (Photo has been altered from its original form.)

take a trip to the beach.

Week 3 (June 22-27)

The Mighty Jungle - Horseback riding, a day at the zoo and a trip to Kualoa Ranch where "Jurassic Park" was filmed are on the lineup for this jungle-themed week.

Week 4 (June 29-July 3)

Time Travelers – Youth can brush up on their military history while having fun with excursions to the Pacific Aviation Museum and Pearl Harbor.

Week 5 (July 6-11)

Wish Upon the Star - Barbecues, karaoke and a trip to Podium Raceway Hawaii wrap up the first week of July.

Week 6 (July 12-18)

Atlantis - Adventure to Wet 'n' Wild in Kapolei, learn to standup paddleboard and take an extreme sports challenge during this water-themed week.

Week 7 (July 19-25)

Rainforest Adventure – Wrap up summer camp with a spam-musubi-themed version of Bizarre Top Chef, hike the Pill Box Trail in Kailua and refresh with a trip to the North Shore for shave ice.

Fort Shafter School Age Summer Adventureland Camp

Fort Shafter Youth Center (Grades 1-5) 240 Montgomery Dr., Bldg. 351

Spaces are limited and children must be registered to participate in summer camp programs. Camp hours and activities are subject to change. Camp fees are based on total family income categories. Call Parent Central Services at 833-5393 to verify your family's category.

Week 1 (June 8-12)

Weekly Theme: Minions - Take a trip to Hickam Air Force Beach, participate in a School Age Center version of Cupcake Wars and watch the "Minions" movie.

Week 2 (June 15-18)

Atlantis - Get active at the Kroc Center in Kapolei and watch "Penguins of Madagascar" at the Pearlridge West Theaters.

Week 3 (June 22-25)

Amazing Race - Participate in an "Amaz-

ing Race"-themed scavenger hunt and a "Chopped"-themed cooking contest, and watch the race-themed movie "Racing Stripes."

Week 4 (June 29-July 2)

Wish Upon a Star - Play an American history-themed game of "Family Feud" and watch "How to Train Your Dragon 2" at the Pearlridge West Theaters.

Week 5 (July 6-10)

Rainforest Adventure - Get dressed up for an '80s-themed dress up day, take a trip to Kakaako Park and watch the movie "Fern

Week 6 (July 13-17)

Time Travelers - Hike Kaena Point and take a trip to the beach during this time traveler meets sports week.

Week 7 (July 20-24)

Survivor - Take a trip to Ice Palace, participate in a fun run and say goodbye to summer with a back-to-school bash during this last week of summer.

Fort Shafter Youth Center (Grades 6-12) 240 Montgomery Dr., Bldg. 251

Spaces are limited and children must be registered to participate in summer camp programs. Camp hours and activities are subject to change. Camp fees are based on total family income categories. Call Parent Central Services at 833-5393 to verify your family's category.

Week 1 (June 8-12)

Theme: Minions Week - Start off summer with a Youth Center version of Cupcake Wars, a trip to iTrampoline, a theater show at Leeward Community College and golf in the dark at Kaneohe's Glow Putt Mini Golf.

Week 2 (June 15-19)

Journey to Atlantis - This water-themed week includes a field trip to Richardson Pool at Schofield Barracks, surf'n' turf cooking lessons and an opportunity to go kayaking or stand-up paddleboarding.

Week 3 (June 22-26)



Photo courtesy of Wet 'n' Wild

CYS summer camp programs include trips to Wet 'n' Wild water park in Kapolei.

(Photo has been altered from its original form; background elements ha

The Amazing Race - Freeze tag, scavenger hunts and bowling are on the menu for this "Amazing Race"-themed week.

Week 4 (June 29-July 3)

Wish Upon a Star - Begin the week with a beautification and barbecue day, then take a trip to Wet 'n' Wild in Kapolei and see a

movie at Pearlridge Shopping Center.

Week 5 (July 6-10)

Rainforest Adventure - Enjoy a week of gardening, bowling, golf and candle making.

Week 6 (July 13-17)

Time Travelers - Take excursions to Ice Palace and the Swap Meet in Pearl City.

Week 7 (July 20-24)

Survivor - Wrap up summer with a dodgeball tournament, a game of "Survivor" and a trip to Dave & Buster's.

Helemano School Age Summer **Adventureland Camp** Helemano School Age Center (Grades 1-5)

327 Kuapale Road, Bldg. 30 Spaces are limited and children must be

registered to participate in summer camp programs. Camp hours and activities are subject to change. Camp fees are based on total family income categories. Call Parent Central Services at 655-8381 to verify your family's category.

Week 1 (June 8-12)

Weekly Theme: Minions - Take a field trip to Kaena Park and learn about science through hands-on activities.

Week 2 (June 15-19) Rainforest Adventures - Learn to make soap and string mazes, bake pizza monkey bread and take a trip to the Hawaii Nature

Week 3 (June 22-26)

Atlantis - Make stuffed animal pillows and go fishing at Hoomaluhia Gardens.

Week 4 (June 29-July 3)

Wish Upon a Star - Decorate T-shirts with crayons and sandpaper, learn about Hawaii's history and culture with a trip to Bishop Museum and make ice cream in a bag.

Week 5 (July 6-10)

Amazing Race - Take a trip to the Sgt. Yano Library on Schofield Barracks, take on the challenge of a nature scavenger hunt and bake s'mores in a solar oven.

Week 6 (July 13-17)

Time Travelers - Take a trip into Hawaii's past with an excursion to Hawaii's Plantation Village, learn the craft of palm tifaifai and enjoy frozen fruit skewers.

Week 7 (July 20-24)

Survivor - Say goodbye to summer with a family movie day, Sharpie tie-dye T-shirts, plastic canvas needlepoint and a back-toschool bash.

Schofield Barracks School Age Summer Adventureland Camp

Schofield Barracks School Age Center

(Grades 1-5) 1885 Lyman Road, Bldg. 1280

Spaces are limited and children must be registered to participate in summer camp programs. Camp hours and activities are

See SUMMER B-5



Briefs

Today

AER Donation — The Army Emergency Relief campaign ends today, May 15. Donation forms are available at SB ACS, Bldg. 2091. Return completed donation forms to ACS. Contact the AER officer at 655-

Stand-Up Paddleboarding 101 - Registration ends today, May 15, at noon, to join Outdoor Recreation for stand-up paddleboarding on Saturday, May 16. Cruise the Anahulu River on the North Shore of Oahu from 8:30 a.m.-12:30 p.m., with many opportunities for turtle spotting.

ODR will provide transportation, equipment and instruction for \$59/per person. Bring water, snacks and sunscreen. Call 655-9046.

16 / Saturday

SB Armed Forces Day Bowling – Earn a free game of bowling with the purchase of one game; up to two free games per valid military ID holder, 9 a.m.-1 a.m. Subject to lane availability.

17 / Sunday

Hale Ikena Sunday Brunch -Every Sunday, 10 a.m.-1 p.m., FS Hale Ikena dining room. Reservations recommended; \$24.95 adults and varied children's prices. Call 438-1974.

19 / Tuesday

Preschool Story Time — Take your toddlers (ages 3-5) to a free story time at Army Hawaii libraries. There's a different theme and story each

Attend FS library (438-9521), Tuesdays, and SB library (655-4707), Wednesdays, both at 10 a.m.

Tuesday Signing Story Time -SB Sgt. Yano Library hosts a special evening story time at 6 p.m., reading fun stories in English and American Sign Language. The theme will be spring time, and will also featuring crafting. Call 655-8002.

See MWR B-4



Spc. Isaac Aiken (front), a cannon crewmember assigned to the 2-11th Field Artillery Regt., 2nd SBCT, 25th ID, explains the different ammunitions that can be fired by an M777A2 Howitzer during the 104th Boy Scouts of America

Warrior Brigade, Scouts connect

Story and photos by STAFF SGT. CARLOS DAVIS

2nd Stryker Brigade Combat Team Public Affairs 25th Infantry Division

SCHOFIELD BARRACKS — Local Hawaiian citizens and Boy Scouts who attended the 104th Boy Scouts of America Aloha Council at Ala Moana Beach Park in Honolulu, Saturday, were able to walk in the footsteps of U.S. Soldiers.

That's when Soldiers assigned to 2nd Stryker Brigade Combat Team, 25th Infantry Division, provided them static displays of the M777A2 Howitzer, camouflage nets and ammunition trucks, and then gave demonstrations on how to properly camouflage equipment and personnel from enemy detection, and also held discussions on equipment, such as body armor and crew drills, plus answered general questions the public might have had about the U.S. Army.

"By being out here, it allows the citizens of Hawaii to see firsthand what it is we do on an everyday basis," said Spc. Isaac Aiken, from Pickens, South Carolina, a cannon crewmember assigned to 2nd Battalion, 11th Field Artillery Regiment, 2nd SBCT. "We are hoping to build a connection and bridge the gap between us by providing them with an understanding of what the military does.'

By bridging the gap between the U.S. military and local communities, the Soldiers from the Warrior Brigade hope to change any misperceptions the citizens might

"Being out here shows that there is more to the military than just the bad incidents that might have occurred in the past," said Sgt. Mario Ayala, from Bronx, New York, an infantryman assigned to 1st Bn., 14th Inf. Regt., 2nd SBCT. "These types of community events are a step in the right direction in repairing the relationships between the local communities and military."

The participating Warrior Brigade Soldiers received positive feedback from both kids and parents who attended the event.

"It is good for the public to see and interact with the military because I believe we have and need to continue to build on the relationship we share," said Derek Uemura, an assistant pack leader. "(It's) good exposure for the kids to see the military equipment, and it allows them to get to know ... the Soldiers."



Sgt. Mario Ayala, an infantryman assigned to the 1-14th Inf. Regt., 2nd SBCT, 25th ID, gives a brief about the U.S. Army's Interceptor Body Armor during the 104th Boy Scouts of America Aloha Council.

monies, through May 20. They're for 11:30 a.m., and includes lunch

Community

Send announcements a week prior to publication to community@ hawaiiarmyweekly.com.

16 / Saturday

Kolekole — The SB Kolekole Walking/Hiking Trail is open Saturday and Sunday, 5:30 a.m.-6:30 p.m., to DOD ID cardholders and their guests. Do not park at the trail from 6:30 p.m.-5:30 a.m. Violators will be ticketed. Use of the trail is permitted only during open hours.

Combined Military Band Concert — This Military Appreciation Month event begins at 6 p.m. at the Hawaii Theatre. For information on tickets and parking, visit www.hawaiitheatre.com or call 528-

New Baby Expo — Blaisdell's Exhibition Center hosts this two-day expo, beginning at 10 a.m., May 16, which offers exhibits, demonstrations and information for new par-

20 / Wednesday

JROTC Medal Presenters Seeking active/Reserve officers from all of the uniformed services to serve as volunteer medal presenters for the 2015 Hawaii JROTC awards cere-

usually held on high school grounds or community centers in the evening hours after school is out.

Seeking officers "to give back to their community" by honoring those cadets at the top of their class. Contact retired Col. Arthur Tulak at Hawaii@mofwus.org or call 477-8195 during duty hours.

> Family Night — SB weekly family gathering begins at 5:30 p.m. and is located at the Main Post Chapel, Sessions follow from 6:10-7:30 p.m. Child care is provided.

Some of the classes offered include Financial Peace University, Healthy Living, 7 Habits of Highly Effective Army Families.

Contact at SB is Deborah Mc-Swain, director of Religious Education, at 655-9198. At AMR Chapel, call 839-4319.

21 / Thursday

TAMC Free Concert — TAMC Chapel, Schofield and Joint Base Pearl Harbor-Hickam gospel services will host a combined revival and free community concert, May 21-23. Contact the chapel for more details.

22 / Friday

Garrison Organization Day -Most USAG-HI programs and services close at 10 a.m. for the annual employee and family gathering at SB's Stoneman Field.

U.S. Veterans Initiative Charity Golf - Shotgun start scheduled

and buffet dinner at the Hoakalei Country Club. Visit www.usvets inc.org/barberspoint.

23 / Saturday

Flowers for Fallen — The Girl Scouts are asking for the community's help with donations of flowers or helping to sew lei to ensure that each of the over 9,000 veterans receive a lei of aloha on Memorial Day. This event happens May 23, 9 a.m.-2 p.m., at Kaneohe's Windward Mall. Suggested flower donations are blossoms of plumeria, bougainvillea, stephanotis or crown flowers. Stalks of hardy or tropical flowers will also be accepted (24-inches maximum).

24 / Sunday

National Memorial Day Concert — The 26th annual PBS broadcast from the grounds of the Capitol Building in Washington will be broadcast in Hawaii beginning at 7 p.m. on channel KHET, channel 10 on Oceanic Cable.

26 / Tuesday

Community Information Exchange — The next CIE (formerly called the SIM or Spouse Information Meeting) is 9-10:30 a.m. at the SB Post Conference Room (small PCR, across from Sgt. Smith Theater). The focus of this meeting is installation and community matters. Key service providers will provide details of upcoming events for 30-60-90 days, followed by an open forum and Q&A

June

4 / Thursday

Golf Tournament — The 7th Annual Masonic Open tees off at 8 a.m. at the Royal Kunia Country Club and is open to the public. Money raised from the scramble format funds college scholarships. Registration deadline is May 30. Visit http://phglofhawaii.org/

5 / Friday

index.php?pr=Golf_Registration.

First Friday Street Festival — Honolulu's Chinatown and the art district area nightlife comes alive every first Friday of the month, 8 p.m.-2 a.m., with entertainment, food and activities. Sponsored by Arts District Merchant Association. Call 521-1812; visit www.artsdistrict honolulu.com.

12 / Friday

Diana Ross Concert — Pop legend Diana Ross makes a first-ever concert appearance at Blaisdell Arena, June 12 & 13. Tickets begin at \$45 at the NBC box office, 777 Ward Ave., Honolulu. Call (800) 745-3000 or visit www.ticketmaster.com.

20 / Saturday

Ocean Fun Run — Run along the shoreline of the Pacific Ocean, up mountainous terrain, and even through swampy waters, 7 a.m., at the Surf & Turf 5K, June

20, at Marine Corps Base Hawaii. Registration information at http://mccshawaii.com.

Calendar abbreviations

8th TSC: 8th Theater Sustainment Command 25th ID: 25th Infantry Division ACS: Army Community Service AFAP: Army Family Action Plan AFTB: Army Family Team Building AMR: Aliamanu Military Reservation

ASYMCA: Armed Services YMCA BCT: Brigade Combat Team BSB: Brigade Support Battalion Co.: Company

CYSS: Child, Youth and School Services EFMP: Exceptional Family Member Program FMWR: Family and Morale, Welfare and FRG: Family Readiness Group FS: Fort Shafter HMR: Helemano Military Reservation IPC: Island Palm Communities PFC: Physical Fitness Center

SB: Schofield Barracks

Recreation

SKIES: Schools of Knowledge, Inspiration, Exploration and Skills TAMC: Tripler Army Medical Center

USAG-HI: U.S. Army Garrison-Hawaii USARPAC: U.S. Army-Pacific

WAAF: Wheeler Army Airfield

Cinderella (PG)

Sat., May 16, 7 p.m.

Get Hard

(R) Thurs., May 21, 7 p.m.

No shows on Mondays, Tuesdays or Wednesdays.

worship Services Additional religious services, children's programs, educational services and contact informa-

tion can be found at www.garrison.hawaii.army.mil. (Click on "Religious Support Office" under the "Directorates and Support Staff" menu.) Aliamanu Chapel

> Main Post Chapel, Schofield Barracks Aloha Jewish Chapel, Pearl Harbor

HMR:

Fort DeRussy Chapel

Helemano Chapel

Soldiers' Chapel, Schofield Barracks TAMC: Tripler Army

Medical Center Chapel WAAF: Wheeler Army Airfield Chapel

Buddhist Services •First Sunday, 1 p.m. at FD

•Fourth Sunday, 1 p.m. at MPC Annex **Catholic Mass**

•Thursday, 9 a.m. at AMR

- •Saturday, 5 p.m. at TAMC, Sunday services:
- 8:30 a.m. at AMR -10:30 a.m. at MPC Annex -11 a.m. at TAMC
- •Monday-Friday, 11:45 a.m. at Soldiers' Chapel and 12 p.m., TAMC

Gospel Worship •Sunday, noon. at MPC

•Sunday, 12:30 p.m. at AMR

Islamic Prayers and Study •Friday, 1 p.m. at MPC Annex

•Friday, 2:30 p.m., TAMC •Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex

Jewish Shabbat (Sabbath) •Friday, 7:30 p.m. at PH

Pagan (Wicca)

•Friday, 7 p.m. at Wheeler Annex **Protestant Worship**

Sunday Services

- -9 a.m. at MPC -9 a.m., at FD, TAMC chapel
- -10 a.m. at HMR
- -10:30 a.m. at AMR
- -11:30 a.m. at WAAF
- (Spanish language)

-11 a.m. at SC (Contemporary)

Liturgical (Lutheran/

Anglican) •Sunday, 10 a.m. at WAAF

This Week Call 624-2585 for movie

listings or go to aafes.com under reeltime movie listing.



Furious 7

(PG-13)

Fri., May 15, 7 p.m.

Home

(PG)

Sat., May 16, 4 p.m.

Sun., May 17, 2 p.m.

Post works to oust pesky coconut rhinoceros beetle

Oʻahu Army Natural Resources Program Directorate of Public Works U.S. Army Garrison-Hawaii

SCHOFIELD BARRACKS — Within the last year, two new insect pests, the coconut rhinoceros beetle (Oryctes rhinoceros, or CRB) and the little fire ant (Wasmannia auropunctata, or LFA) have arrived and spread on O'ahu.

Both are major pests that can hurt our native ecosystems and agriculture, and affect our households.

Thanks to the cooperation between the Oahu Army Natural Resource Program and Patrick Ching, an agronomist with the Directorate of Public Works, Schofield Barracks remains free of these incipient pests.

With continued vigilance and help from the community, it can stay that way.

What are they?

CRB is a chunky black beetle, about 2 inches long that arrived from Guam. In addition to the impacts it has on coconut palms, CRB also threatens other palms like the endan-

gered loulu (Pritchardia kaalae) and crops like banana, kalo, sugarcane and pineapple.

LFA is a miniscule orange ant (just 0.06 inches long!) whose stings can cause blindness in cats and dogs. LFA came to O'ahu on infested potting material from Hawaii Island.

Identifying pathways of possible invasion

The first step in preventing introduction at Schofield was to identify pathways whereby CRB and LFA may be accidentally brought onto Schofield.

The CRB infestation

originates at Joint Base Pearl Harbor-Hickam (JBPHH), where adult beetles live off the sap of coconut trees and lay their eggs in mulch piles. Thus, CRB can be

transported by landscapers moving mulch or dead palm material after tree trimming from one place to another.

While it is possible for adults to disperse without human aid, the insects are bulky and poor fliers, making moving mulch one of the



Courtesy photos

Pictured above is an adult coconut rhinoceros beetle, Oryctes rhinoceros, at Mamala Bay golf course, Joint Base Pearl Harbor-Hickam. At the time this photo was taken, a mesh covering had been put over the mulch pile that they're breeding in, in order to minimize the number of emerging adults that spread around.

primary risks for accidentally transporting this pest elsewhere.

After compiling a list of plant suppliers and landscapers servicing Schofield and JBPHH, the team found only one overlap and contacted the company. They warned about the risk of moving CRB onto Schofield. Fortunately, the company explained that it does not move plant material between bases and that its trucks are cleaned and power-sprayed after each job.

The team thoroughly checked the company's vehicles and confirmed this was the case.

In September, a few weeks later, a handful of CRB were found at Fort Shafter. The team suspects that these CRB have flown to Fort Shafter from JBPHH and are not yet breeding on-site.

Since then, the team has instructed landscapers working at the installation to remove and treat their mulch piles.

Preventing invasion on a smaller scale

Like CRB, LFA hitchhikes on plant material; however, these tiny ants are much more difficult to detect being only about the size of

Sizeable LFA infestations have been found in Mililani and Waimanalo and are moving around the island on potted plants and plant-

To tackle this challenge, the team obtained a list of nurseries supplying the Post Exchange garden shop and surveyed them for LFA. They also surveyed new housing construction on Lyman Road in Schofield where extensive landscaping is taking place. So far, LFA has not been found at any suppliers or on post.

Keeping pests away in the long term To ensure CRB and LFA do not reach The Oahu Army Natural Resource Program uses coconut rhinoceros beetle traps, like the one shown above, to trap the beetles and prevent them from spreading out. The community can help curb this pest by learning about the beetle and not tampering with the traps.

Schofield, the team continues surveys. LFA

risk areas, such as garden shops and new landscaping. The team monitors for CRB using traps that employ a pheromone and light attractant to

surveys are conducted twice a year in high-

draw in any beetles that happen to be within the vicinity of a trap. With continued vigilance by both professionals and members of the community, we

can prevent these incipient pests from becoming a permanent problem. (Note: Joe is an Oʻahu Army Natural Re-

sources Program research specialist.)



CONTINUED FROM B-2

20 / Wednesday

KinderJam — High-energy music and movement programs for children 1-5 vears of age. Program offered on SB, Wednesdays, and at AMR, Fridays. Parent participation is required. Call SKIES at 655-9818.

23 / Saturday

Shoreline Fishing – Master fisherwoman Sharon Nakai and Outdoor Recreation will take you to spots on the island for shoreline and small game fishing, 8:30 a.m.-12:30 p.m., at \$30/per person. Transportation, fishing gear and instruction provided. Register by noon, May 22. Call 655-0143.

Home Alone Family Workshop — ACS Family Advocacy Program offers a fun and interactive workshop that provides parents and children (ages 10-12) with skills, knowledge and confidence needed to stay home alone. Topics include first aid, fire safety, stranger awareness and internal safety. A parent must attend with their child; call 655-4227 to signup.

30 / Saturday

Adventure into Kayaking — Outdoor Recreation will host you on a cruise on the Anahulu River on the North Shore; for the entire family, with equipment and instruction included. Register by noon, May 29. Fee is \$59/per person. Call 655-0143.

June

PROGRAM

6 / Saturday

Parents Night Out — South (FS/AMR) CYS Services offers Parents' Night Out to registered families in the military community, 6-11 p.m., June 6, at AMR CDC (Bldg. 1783) and AMR SAC (Bldg. 1782). Reservations on a first-come, firstserved basis at Parent Central Services at AMR, 833-5393.

Ongoing

Youth Sports Track and Field

- Practices are underway for track meets that will be held every Saturday in May at Stoneman Field. AMR/FS practices are 5-6:30 p.m., Tuesdays and Thursdays; SB practices are Wednesdays and Fridays. Call 655-6465 (SB) and 836-1923 (AMR/FS).

CYS Services — The USAG-HI School Liaison Office has opened an office at AMR, 9 a.m.-4 p.m., Tuesdays and Fridays, in Bldg. 1782, next to the SKIES studio.

BOSS — Single Soldiers and geographic bachelors are highly encouraged to attend Better Opportunities for Single Soldiers meetings every Wednesday of the month to discuss community service projects and fun upcoming programs. Get involved and make a difference.

 North meetings are held at SB Tropics, at 3 p.m., every 1st and 3rd

 South meetings are held at FS Bowling Center at 10 a.m., every 2nd and 4th Wednesday.

Call 655-1130.

Keiki Night — Every Wednesday night is Keiki Night at SB Kolekole Bar & Grill. Kids under 10 eat for a

\$2.99 from the keiki menu from 5-8 p.m. Call 655-4466 or 438-1974.

First-Termers Financial Training — This ACS Financial Resilience Center workshop focuses on basic financial skills to help develop self-reliance and personal responsibility designed to help understand personal finances. while learning

This is a mandatory program of instruction for first-term Soldiers, offered every Monday (except federal holidays) 8:30 a m -4:30 n m at SB Bldg. 647. Soldiers must bring an end of month LES. Call 655-1866.

tools for financial success.



Food addications possible

Are Americans addicted to food?

We've all heard the statistics that approximately two-thirds of Americans are overweight or obese.

All of this, despite the fact that, at any given time, well over 100 mil-

lion Americans are on a diet, and the revenue of the weight loss industry is over \$20 billion annually.

America's weight problem is likely due to a number of factors, one of which is our relationship with food.

Research findings

Scientific studies show that certain foods affect our brains in a manner similar to alcohol, nicotine and certain drugs.

At first, such foods are enticing because they release "feel-good" brain chemicals that can temporarily relieve emotional discomfort, anxiety and sadness. This is a process similar to drug addiction: The food triggers the reward center of the brain, causing a sense of pleasure. But with frequent consumption of such foods, we can become physically and emotionally addicted.

According to the research presented in Dr. David Kessler's book "The End of Overeating," the most addictive foods are those that contain lots of added fat, sugar and salt, of which sugar is the most addictive. Highly processed foods, such as sugar and refined flours, have the greatest impact on our brains because they dramatically raise blood sugar and can override normal body mechanisms that tell us we have eaten enough. Increased amounts are needed over time to satisfy cravings and avoid symptoms of withdrawal. \\

American's consumption of sugar (and other "natural sweeteners") has more than doubled in the last 100 years and refined flour/grain consumption has increased by almost 30 percent since the 1960s.

This increase in consumption is primarily due to the fact that food manufacturing companies engineer foods to have these addictive qualities, so the general public will come back for more.

Take action

So how can you break the cycle of food cravings? Here is a list of the top 10



CAPT. WILLIAM R. CONKRIGHT

Tripler Army Medical Center Nutrition Care Division

steps to take to overcome food addiction.

1- Eliminate processed foods, sweeteners, flour and any other foods that trigger you to overeat.

2- Prepare yourself for grocery shopping, and fill your kitchen with fresh, whole "real" foods.

3- Allow time to experience withdrawal symptoms from addictive foods.

4- Never skip meals and try to eat every 4-5 hours throughout the day.

5- *Drink plenty of water.*

6- Whenever possible, try to focus on mindful eating (i.e., eating without distractions, such as television, working on the computer or multi-tasking).

7- Take time to plan and cook healthy

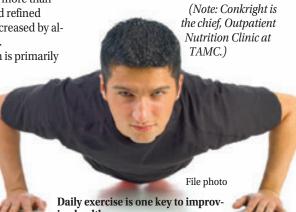
8- *Get eight hours of sleep each night,* and find enough down time for yourself during the day.

9- *Make time to exercise every day.*

10- Create a support system.

Food addiction is a real problem and is likely one of the contributing factors to our nation's growing weight problem. We must take control of our health, and it starts with what you feed yourself - "let food be thy medicine."

Thomas Edison said it best: "The doctor of the future will give no medicine but will interest his patients in the care of the human frame, in diet and in the cause and prevention of disease."





Children and teens enrolled in CYS summer camp programs may participate in field trips to some of Oahu's beaches.

Summer: Field trips dot the schedule

CONTINUED FROM B-1

subject to change. Camp fees are based on total family income categories. Call Parent Central Services at 655-8381 to verify your family's category.

Week 1 (June 8-12)

Weekly Theme: Minions - Take a field trip to the Schofield Barracks Bowling Alley and watch the "Minions" movie.

Week 2 (June 15-19)

Atlantis - Visit Sea Life Park and watch the movie "Atlantis" during this water-themed week.

Week 3 (June 22-26)

Amazing Race - Learn about animals during a trip to the Honolulu Zoo and watch the racing-themed movie "Racing Stripes."

Wish Upon a Star - Explore the night sky with a trip to a planetarium and watch the movie "Nim's Island."

Week 4 (June 20-July 3)

Week 5 (July 6-10)

Rainforest Adventure - Explore the trenches of a rainforest-like environment at Hoomaluhia Botanical Gardens and watch the movie "Fern's Gully."

Week 6 (July 13-17)

Time Travelers - Travel back in time with a trip to Hawaii's Plantation Village and watch the movie "Meet the Robinsons: We're

Week 7 (July 20-24)

Survivor - Participate in a week of "Survivor"-themed challenges and wrap up summer with an end of summer bash.

SB Youth Center (Grades 6-12)

2251 McMahon Road, Bldg. 9090, 6550451

Spaces are limited and children must be registered to participate in summer camp programs. Camp hours and activities are subject to change. Camp fees are based on total family income categories. Call Parent Central Services at 655-8381 to verify your family's category.

Week 1 (June 8-12)

Endurance Week - The focus of this week is on fitness: Hike Diamond Head, participate in a sports day, then cool down with a trip to Ala Moana, a movie at the center and an excursion to Wet 'n' Wild water park.

Week 2 (June 15-19)

Exploration Week - Enjoy a week full of trips to the Pililaau Army Recreation Center, the Honolulu Zoo and the Atlantis Submarine.

Week 3 (June 22-26)

Jurassic Week - Strengthen team-building skills with a cooking activity, go on a build-adinosaur spree at Walmart and take a trip to go snorkeling at Haunama Bay.

Week 4 (June 29-July 2)

Funfest Week - Cooking, a trip to Windward Mall, laser tag and a trip to Wet 'n' Wild.

Week 5 (July 6-10)

Aloha Week - Celebrate Hawaii's history and culture with a lei making session, a trip to Hoomalahia Botanical Gardens and a visit to the University of Hawaii's taro patch.

Week 6 (July 13-17)

Adventure Week - Keep busy with in-house racing activities, a trip to Ice Palace and a visit to Pililaau Army Recreation Center.

Week 7 (July 20-24)

Wild'n Out Week - Wrap up the last week of summer with trips to Richardson Pool and iTrampoline and an end of summer bash.